

Ultrasound guided Regional analgesia after Cesareansection and OB POCUS Workshop

9th December 2022

National Coordinator- Dr Shilpa K

Local Coordinator- Dr Suman Arora, Dr Jeetinder K

TIME	TOPIC	SPEAKER
8:00-8:30 am	Registration	
9:00 am- 9:30am	Welcome & intro of faculty	Dr Shilpa K
9:35am – 9:45am	Emerging Role of peripheral nerve blocks in OB Anaesthesia	Dr Prit Anand Singh
9:45am-9:55am	TAP block- Anatomy and Dermatomes covered –(Video)	Dr Khang Lee
10:00-10:10 am	Neuraxial block - Anatomy (Video)	Dr Archana A
10:10- 10:20 am	Quadratus lumborum block- Anatomy and Dermatomes covered (Video)	Dr Amit Dixit
10:20am- 10:30am	Tips and tricks for a successful block	Dr Jeetinder K

Allocation of station

TIME STAMPS		
10:30-11:00 am (Station1)	TAP block, Rectus sheath block and Ilio-Inguinal IIH block	Dr Khang Lee Dr Neha Singh Dr Tasnim Karachiwala
11:00 am- 11:30 am (Station 2)	Spine Sonoanatomy	Dr Shilpa K Dr Archana Aheti Dr Jeetinder K
11:45am-12:30pm (Station 3)	Quadratus lumborum block	Dr Amit Dixit Dr Prit Anand Singh Dr Rajesh Mahajan
12:30 pm-1:00 pm (Station 4)	Erector spinae plane block	Dr Anjolie Chabbra Dr Vanita Ahuja Dr Suman Arora
1:00- 1:30 pm (Station 5)	NEEDLING ON PHANTOM	Resource faculties Dr Arshi

Lunch 1:30 - 2:00 pm

TIME	TOPIC	SPEAKER
2:00-2:10 am	Introduction to Gastric exam	Dr Puneet Gupta
2:10 pm- 2:20 pm	Introduction to Lung and diaphragm exam	Dr Kapil Gupta
2:20pm – 2:30 pm	Introduction to Airway exam	Dr Amit Dixit
2:30-2:45 pm	Introduction to rapid OB screening echo (ROSE)VIRTUAL	Dr Hari Kalgara
Allocation of station		
2:45- 3:15	Concurrent station airway, and lung.	Dr Nishant Sahay Dr Richa Saroha Dr Bharti Gupta
3:15- 3:45	ROSE	Dr Puneet Khanna Dr Kalla Krishna Prasad
3:45-4:15	Concurrent station Gastric, diaphragm	Dr Kapil Gupta Dr Bikash Dr Daisy
4:15- 4:45	DVT scan, Volume assessment	Dr Amit Dixit Dr Vikas Saini Dr Kamal Kajal
4:45- 5:10 pm	Clinical Scenario Hands-On Simulation <ul style="list-style-type: none"> • Presentation of a clinical scenario requiring PoCUS • A participant in each group will be given 3 minutes to perform the exam and interpret their best images. • The participant receives feedback. • The clinical scenario will be revisited with a diagnosis and real-life images. 	Dr Kamal Kajal Dr Avneet
5:00 pm	Wrap up	